



1/03/2021

Active Attitude COVID-19 Update – Whangarei Members

Dear Active Attitude members and facility users,

We are currently in COVID-19 Alert Level 2. For those of you who were with us the last time we were in Level 2, this memo will act as a reminder of our processes and procedures. For those of you who are new to Level 2 at Active Attitude, please read the information below and feel free to get in touch if you have any questions.

Contact Tracing

- Please use the QR code at the front door to scan in when you arrive. We will also have a staff member on the desk at the front manually recording everyone who comes into the gym and able to assist if anyone has any questions. Please note: contract tracing information will be passed on to the Ministry of Health if it is required.

Spectators

- We will be limiting the number of spectators in the gymnasium by only allowing one parent/adult to attend with a child if they are under the age of 5; or new to Active Attitude; or if the participant has a disability or condition which requires the parent to be of assistance.
- For children under the age of 5, a parent or another responsible adult will be required to attend the class with them (the adult attending with them is responsible for the child's physical distancing).
- If your child is over the age of 5 and has a medical condition, disability or another condition where it would be preferable that a support person attends, please e-mail admin@activeattitude.co.nz to advise us and we will do our best to facilitate your needs.
- Parents - if your child walks down to the gym from school, we are sorry, but they will not be able to come into the gym to hang out before their class (except for Academy athletes who will still have access to their prep area before class). We will have some seating outside, but it is your responsibility to make sure your child has somewhere safe and warm to go before class.
- Please also make sure you pick your child up on time (they will exit through the front roller door).

Classes

- Our coaches will be adapting sessions to limit physical contact and spotting will only be used if it is crucial to a child's safety.
- Our competitive cheer team and competitive aerobics athletes will wear masks while stunting.

Preparing for class and maintaining good hygiene practices

- When you come to the gym and you have a young child, please wait with them outside the gym at the designated waiting spots (2 metres apart). If for some reason there is a queue, please stay in your car until a waiting spot becomes available.
- When you get to the final waiting spot at the door, please take your child's shoes off and any loose clothing that they do not need. Please make sure they carry in their own drink bottle with their name on it.

- Cubby holes will not be used during Level 2, but we will show your child where to put their drink bottle etc. when they come into the gym.
- Members are expected to sanitize their hands-on entry, exit, using the bathrooms and moving from one apparatus “zone” to another.
- No eating in the gymnasium.
- If you cough or sneeze, please cover using your elbow.
- We also have a strict cleaning schedule to keep to (which can be viewed on the wall at the gym at any time).

Covid-19 Symptoms

- We reserve the right to refuse members attending classes if they are showing symptoms of Covid-19 (parents – we ask that you please do not put us in this situation and keep your child at home if they have any flu or cold like symptoms). Information about symptoms can be found [here](#).

Payments

- We will not be accepting cash. Please pay via online banking or credit card through our online booking system.
- Our merchandise will not be out on the display rack during level 2. If you require anything, please contact our admin team, or ask the staff member at the front desk.

If you have any questions, please do not hesitate to get in contact.

Yours sincerely,

Ashleigh McCaw (Director – Active Attitude)